

BOARDING

Striking the closed fist of the hand once into the open palm of the other hand.

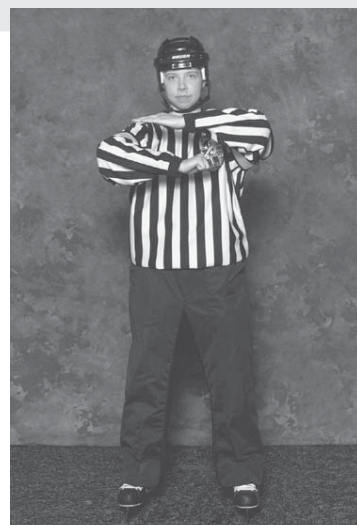
**BODY CHECKING**

(Body Contact categories and Non-Check Adult classifications)

The palm of the non-whistle hand is brought across the body and placed on the opposite shoulder.

**BUTT-ENDING**

Moving the forearm, fist closed, under the forearm of the other hand held palm down.



CHARGING

Rotating clenched fists around one another in front of the chest.



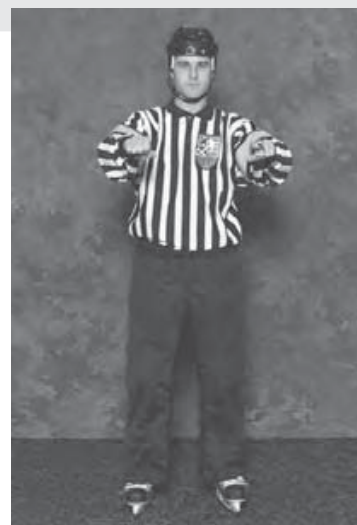
CHECKING FROM BEHIND

Arm placed behind the back, elbow bent, forearm parallel to the ice surface.



CROSS-CHECKING

A forward motion with both fists clenched, extending from the chest.



DELAYED CALLING OF PENALTY

The non-whistle hand is extended straight above the head.

**DELAYED WHISTLE (SLOW WHISTLE)**

(Blue-Line Off-Sides, Delayed Off-Side Classifications Only)

The non-whistle hand is extended straight above the head. If play returns to the Neutral Zone without stoppage, or as soon as the offending team clears the zone, the arm is drawn down.

**DELAYING THE GAME**

The non-whistle hand, palm open, is placed across the chest and then fully extended directly in front of the body.



ELBOWING

Tapping the elbow with the opposite hand.



FIGHTING (ROUGHING)

One punching motion to the side with the arm extending from the shoulder.



GOAL SCORED

A single point, with the non-whistle hand, directly at the goal in which the puck legally entered, while simultaneously blowing the whistle.



HAND PASS

The non-whistle hand (open hand) and arm are placed straight down alongside the body and swung forward and up once in an underhand motion.

**HEAD CONTACT**

Non-whistle hand placed palm inward on the back of the helmet.

**HIGH-STICKING**

Holding both fists clenched, one immediately above the other, at the side of the head.



HOLDING

Clasping the wrist of the whistle hand well in front of the chest.



HOLDING THE FACEMASK

Closed fist held in front of the face, palm in and pulled down in one straight motion.



HOOKING

A tugging motion with both arms, as if pulling something toward the stomach.



ICING

When the puck is shot or deflected in such a manner as to produce a possible icing situation, the back linesman will signal to his partner by raising his non-whistle hand over his head (same as Slow Whistle). The instant that the conditions required to establish "icing the puck" have occurred, the front linesman will blow his whistle to stop play and raise his non-whistle hand (same as Slow Whistle). The back linesman will give the icing signal by folding his arms across his chest.

**INTERFERENCE**

Crossed arms stationary in front of the chest with fists closed.



KNEEING

A single tap of the right knee with the right hand, keeping both skates on the ice.



MATCH PENALTY

Tap open palm of the hand on top of the head.



MISCONDUCT

Placing of both the hands on hips one time.



PENALTY SHOT

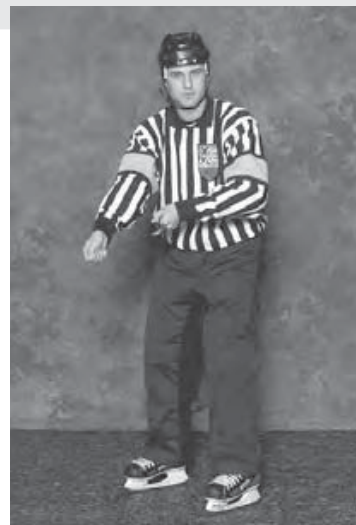
Arms crossed (fists clenched) above the head.

**SLASHING**

One chop of the hand across the straightened forearm of the other hand.

**SPEARING**

A single jabbing motion with both hands together, thrust forward from in front of the chest, then dropping hands to the side.



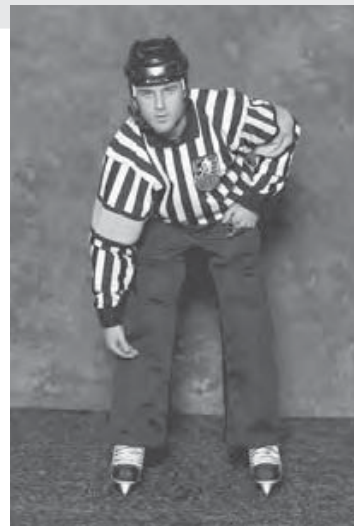
TIME-OUT OR UNSPORTSMANLIKE CONDUCT

Using both hands to form a “T.”



TRIPPING/CLIPPING/LEG CHECKING

Strike the side of the knee and follow through once, keeping the head up and both skates on the ice.



“WASHOUT”

Both arms swung laterally across the body at shoulder level with palms down.

- 1) When used by the Referee, it means no goal or violation so play shall continue.
- 2) When used by the Linesmen, it means there is no icing, off-side, hand pass or high sticking violation.

